


# Culture, Heritage & Education



*Murrook Cultural Centre is situated on Nelson Bay Road Williamtown NSW. It's purpose is to gather, sustain, protect and teach Aboriginal Culture to all people with an emphasis on Worimi culture being the land and people of this area. We have Aboriginal people teach various groups, from schools (pre, primary, secondary and uni/tafe), to community, business & government groups and international visitors. Most importantly, Murrook is used by our Aboriginal community as a gathering place. Aboriginal staff teach many facets of our culture, from boomerangs, weapons and tools, didgeridoo, communication like art and dance, bush food medicine, cooking, craft (basekting weaving, beading), artefacts and much more. We at Murrook seek to deliver a sound, authentic and relevant cultural experience to our visitors helping them to see Australia through the eyes of an Aboriginal. Tent camping facilities are available on the grounds of Murrook and offer a lake side location with tours run on site and out on country. If you would like more information about our cultural packages, please call me to arrange a meeting time.*

*Marrungbu (Thank You)*



Murrook Culture Centre offers a full day (10.00am-2.00pm) for primary and high school students of cultural workshops. There are many activities outlined below to choose from and rotate through during your visit. Each workshop runs for 45min as appropriate size groups rotate around the beautiful setting of Murrook. A usual day begins with a welcome to country and outline of the day. Workshops run before and after lunch with a break for morning tea. Lunch (bbq) can be provided for all size groups at a small cost. Note: Bush Tucker tasting can be requested by groups which includes Emu, Kangaroo, fish, crab, oyster, lobster, damper, bush cakes all cooked with our very own herbs and spices from the bush. All ages. The cost for a bush food lunch is different from the bbq lunch.

\*Minimum Numbers Apply & some foods are seasonal

## **Cultural Activities**

### **Boomerang & Spear Throwing**

Learn about this unique implement and try your own hand at throwing and catching a boomerang with guidance from a cultural officer. All ages.

### **Didgeridoo Workshop**

Music is an important part of Aboriginal culture. Learn all about the didgeridoo and its hypnotic tones. All ages.

### **Bush tucker / Bush medicine**

Join a guided walk around the native gardens and wetlands to discover the diversity of plants of the Worimi and learn their traditional aboriginal uses. All Ages.

### **Artefacts**

Spend time with a cultural officer as he/she explains their story, design and use. All ages.

### **Art**

Create a unique memento of your Worimi trip using nature & Aboriginal art as your inspiration. Paint your own boomerang, coaster or canvas or purchase one of our template pieces and add your own flavor to create an original. All ages.

### **Weaving**

Come and watch a master weaver reveal thousands of years of knowledge in creating these beautiful baskets, bags, fish, eel and bird traps. In this session you will have the opportunity to try your hand at weaving, both with traditional and modern materials. 8 years & up.

### **Worimi History**

Learn in this workshop the life of an Aboriginal society, its lore, customs, habits, unique connection to land, the prominence of ceremony and hunting practices. Also, learn of the early days of European contact and the change that occurred here in Newcastle & Port Stephens.

### **Dreaming/ Story**

Come and sit with a story teller and hear how the dreaming is the centre of Aboriginal culture and be educated by the lessons of a dreaming story.

### **Food Collection- Stockton Beach**

Walk with one of our guides and find the bush food that is ready and available year round. Depending on the tide, plan to gather pipis from the beach,

### **Fresh Water Search- Stockton Beach**

Feel the heat of the day and trek through the sand dunes looking for a water source to quench your thirst  
Note: Water and first aid is brought along on the tour and at no time will children or our teachers be in danger of dehydration. We play on the scenario of pre-colonisation Aboriginal people seeking water in a harsh environment but find an oasis, fresh water and shelter.

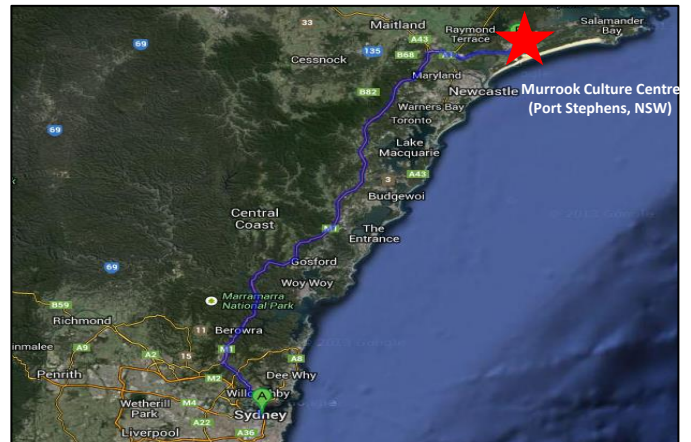
### **Midden Workshop**

Discover an important aspect of how Aboriginal people lived near the coast and see for yourself the 'kitchen' where our people have gathered for centuries to eat, laugh and live. Learn the stories and great significance of these most sacred sites which are spread up and down our coast.

## Location

Murrook Culture Centre – 2163 Nelsons Bay Road, Williamtown (Port Stephens) NSW. It is an easy 2 ½ hour drive on the freeway from the Sydney CBD or 1 hour 45 minutes from the start of the Sydney Newcastle Freeway.

Heading towards Nelson Bay we are located 2.4km from Newcastle Airport turn off or if you are driving from Nelson Bay we are 31 kilometers from Victoria Parade.



## Bookings

We are open daily Monday – Friday at with a minimum of 10 to maximum of 100 people.

Bookings are required prior to your preferred day.

Private group tours available on request. We accept Mastercard, Visa, cash & bank deposits.

We cater for special interest groups, education market and can tailor make programs to your group's needs.

## What to wear

We suggest checking the weather before any tour at Murrook with our cultural guides. Please assure your footwear is suitable for the tour you choose, a hat is worn and sunscreen used. Our park has wheelchair access.

## Lunch

Sausage sandwich, piece of fruit & juice popper

## Cost

\$14pp includes:

- Workshop
- Materials
- Lunch

## Contact Details

Contact: Jonathan Lilley  
Reservations: 02 4033 8804 or 4033 8808  
Address: 2163 Nelson Bay Road, Williamtown NSW 2318 Australia  
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